

HELMINTHS FROM THE SONORAN SPOTTED WHIPTAIL,
CNEMIDOPHORUS SONORAE, AND THE WESTERN WHIPTAIL,
CNEMIDOPHORUS TIGRIS (SAURIA: TEIIDAE), FROM
SOUTHERN ARIZONA WITH COMMENTS ON *ABBREVIATA*
TERRAPENIS (NEMATODA: PHYSALOPTERIDAE)

Stephen R. Goldberg¹, Charles R. Bursey², and Hay Cheam¹

Key words: *Cnemidophorus sonorae*, *Cnemidophorus tigris*, *Teiidae*, *helminths*, *Nematoda*, *Cestoda*, *Acanthocephala*, *Arizona*.

Cnemidophorus sonorae Lowe and Wright, 1964, the Sonoran spotted whiptail, occurs from southeastern Arizona to northeastern Sonora and east to western New Mexico; *Cnemidophorus tigris* Baird and Girard, 1852, the western whiptail, ranges from Oregon and Idaho south through California to Baja California and Coahuila, México, and eastward to western Colorado, New Mexico, and Texas (Stebbins 1985). Helminths have been previously reported from *Cnemidophorus sonorae* by McAllister (1992) and *Cnemidophorus tigris* by Grundmann (1959), Babero and Matthias (1967), Telford (1970), Specian and Ubelaker (1974a, 1974b), Benes (1985), and Lyon (1986).

Abbreviata terrapenis (Hill 1945) Morgan, 1945 was originally described from specimens taken from 7 ornate box turtles (*Terrapene ornata*) collected from widely separated points in Oklahoma (Hill 1945). The 1st lizard host to be reported for this helminth was *Sceloporus jarrovi*, also collected from widely separated points in Arizona, New Mexico, and México (Goldberg et al. 1995, 1996). The purpose of this paper is to report on a helminthological examination of *Cnemidophorus sonorae* and *Cnemidophorus tigris* from southern Arizona and the presence of *A. terrapenis* in these 2 additional lizard hosts.

Twenty-one female *Cnemidophorus sonorae* (mean snout-vent length [SVL] = 73.2 mm \pm 5.6 s, range 60–80) and 82 *Cnemidophorus tigris* (28 females, 54 males; mean SVL = 65.6 mm \pm 10.1 s, range 34–82 mm) were borrowed from the herpetology collections of the Natural History Museum of Los Angeles County

(LACM) and the University of Arizona (UAZ) and examined; collection data are given in the Appendix. The lizards were originally preserved in 10% formalin or Bouin's fixative and stored in 70% ethanol. The body cavity was opened and the gastrointestinal tract was excised by cutting across the esophagus and rectum. The esophagus, stomach, small intestines, and large intestines were slit longitudinally and examined separately under a dissecting microscope. The body cavity and liver were also examined. Each helminth was removed and initially placed in a drop of glycerol on a glass slide. Nematodes were identified from these temporary mounts. Cestodes were stained with hematoxylin, mounted in balsam, and identified. Acanthocephalans were cleared in xylene, mounted in balsam, and assigned to genus. Terminology usage is in accordance with Margolis et al. (1982).

Cnemidophorus sonorae was found to harbor 2 species of cestodes, *Ochroristica bivittellolata* Loewen, 1940 and *O. macallisteri* Bursey and Goldberg, 1996; and 3 species of nematodes, *Abbreviata terrapenis*, *Pharyngodon warneri* Harwood, 1932, and *Thubunaea cnemidophorus* Babero and Matthias, 1967. *Cnemidophorus tigris* was found to harbor 1 species of cestode, *O. bivittellolata*; 2 species of nematodes, *A. terrapenis* and *P. warneri*; and cystacanths of a species of Acanthocephala, *Centrothynchus* sp. Prevalences and mean intensities for these helminths are given in Table 1. The infection prevalence between males and females of *C. tigris* was not significantly different (for *A. terrapenis*, $\chi^2 = 0.17$, 1 df, $P > 0.05$; for *P.*

¹Department of Biology, Whittier College, Whittier, CA 90608.

²Department of Biology, Pennsylvania State University, Shenango Campus, 147 Shenango Avenue, Sharon, PA 16146.

TABLE 1. Gastrointestinal helminths of 21 *Cnemidophorus sonorae* and 82 *C. tigris* from Pima County, AZ.

Helminth	<i>Cnemidophorus sonorae</i>			<i>Cnemidophorus tigris</i>		
	Prevalence (%)	Mean intensity (range)	Site ¹	Prevalence (%)	Mean intensity (range)	Site ¹
<i>Oochoristica bivitellobata</i>	5	6.0	c	1	3.0	c
<i>Oochoristica macallisteri</i>	5 ²	2.0	c	—	—	—
<i>Abbreviata terrapenis</i>	76 ²	8.0 (1-24)	a,b	86 ²	14.3 (1-61)	a,b,c,d
<i>Pharyngodon warneri</i>	14 ²	22.7 (4-55)	e,d	42	50.3 (1-220)	d
<i>Thubunaea cnemidophorus</i>	5 ²	2.0	b	—	—	—
<i>Centrorhynchus</i> sp.	—	—	—	4	1.0	b

¹a = esophagus, b = stomach, c = small intestine, d = large intestine

²new host record

warneri, $\chi^2 = 0.21$, 1 df, $P > 0.05$). *Cnemidophorus sonorae* is a new host record for *O. macallisteri*, *A. terrapenis*, *P. warneri*, and *T. cnemidophorus*; *C. tigris* is a new host record for *A. terrapenis*. Helminths were placed in vials of alcohol and deposited in the U.S. National Parasite Collection (USNPC), Beltsville, Maryland (accession numbers in Appendix).

Oochoristica bivitellobata, *Pharyngodon warneri*, and *Thubunaea cnemidophorus* have been previously reported in North American lizards (Table 2) and may be limited to teiid lizards. The occurrence of *T. cnemidophorus* in the crotalid snakes *Crotalus cerastes*, *C. mitchelli*, and *C. scutulatus* by Babero and Emmerson (1974) needs further study to determine if the snakes are indeed hosts, or if the parasites were present in lizards that the snakes had ingested. McAllister (1992) questioned the determination of *O. bivitellobata* in *Sceloporus undulatus* and suggested that it probably is *Oochoristica scelopori*; thus, *S. undulatus* is not included in Table 2. Species of *Centrorhynchus* typically use arthropods (probably insects) as intermediate hosts and primarily birds of prey as definitive hosts (Petrochenko 1958). The occasional presence of a cystacanth in the stomach of an insectivore could be expected. One nematode not found in these lizards, but frequently associated with teiid lizards, is *Parathelandros texanus* Speican and Ubelaker, 1974. This helminth may be limited to west Texas (see Baker 1987).

This is the first report of adult *Abbreviata terrapenis* from teiid lizards, although larvae of *Abbreviata* sp. have been reported from *C. sexlineatus* by McAllister, Trauth, and Conn (1991). Larvae of *Abbreviata* sp. have also been reported from the crotaphytid lizard *Crotaphytus collaris* and the phrynosomatid

lizard *Sceloporus undulatus* (Morgan 1941, McAllister and Trauth 1985). Adults of *Abbreviata terrapenis* have previously been reported from *Sceloporus jarrovi* in Arizona, New Mexico, and México (Goldberg et al. 1995, 1996). This is also the 1st report of *O. macallisteri* from a teiid lizard, although unidentified species of *Oochoristica* have been reported from *Cnemidophorus dixonii*, *C. gularis*, and *C. tessellatus* (McAllister 1990a, 1990d, McAllister, Cordes, and Walker 1991). In Arizona, Benes (1985) reported *Oochoristica* from *Cnemidophorus tigris*, *Colonyx variegatus*, *Phrynosoma solare*, *Sceloporus magister*, and *Uta stansburiana*, but did not identify the species.

Abbreviata terrapenis is a heteroxenous physalopterid helminth with an indirect life cycle involving an insect intermediate host (Anderson 1992). Echternacht (1967) reported that termites are the major dietary component for *C. sonorae* and *C. tigris* from the Santa Rita Mountains, Pima County, Arizona, representing over 90% of all prey organisms consumed. Mitchell (1979) reported a predominance of termites in the diets of *C. sonorae* and *C. tigris* in Cochise County, southeastern Arizona. Vitt and Ohmart (1977) similarly found that termites compose 76% of the diet of *C. tigris* living along the Colorado River in western Arizona. Pianka (1970) reported that, while southern *C. tigris* populations eat large quantities of termites, northern populations (Idaho, Nevada, Utah) utilize other food types and consume few termites. If termites serve as intermediate hosts for *Abbreviata terrapenis*, low frequencies of these insects in the diets of *C. tigris* from northern populations might account for the absence of *A. terrapenis* in the studies of these populations by Grundmann (1959), Babero and Matthias (1967), and Lyon (1986).

TABLE 2. Reports of *Oochoristica bivitellobata*, *Pharyngodon warneri*, and *Thubunaca cnemidophorus* from teiid lizards.

Helminth	Host	Locality	Prevalence	Reference	
<i>Oochoristica bivitellobata</i>	<i>Cnemidophorus</i>	<i>burti</i>	Arizona	1/57 (2%)	Goldberg and Bursey 1989
		<i>C. dixonii</i>	Texas	9/58 (16%)	McAllister, Cordes, and Walker 1991
		<i>C. exsanguis</i>	New Mexico, Texas	7/87 (8%)	McAllister 1990c
		<i>C. flagellicaudus</i>	New Mexico	5/23 (22%)	McAllister 1992
		<i>C. gularis</i>	New Mexico, Texas	3/289 (1%)	McAllister 1990d
			Texas	1/83 (1%)	McAllister et al. 1995
		<i>C. hyperythrus</i>	California	5/104 (5%)	Bostic 1965
		<i>C. inornatus</i>	Arizona	10/78 (13%)	Goldberg and Bursey 1990
		<i>C. neomexicanus</i>	New Mexico, Texas	7/61 (11%)	McAllister 1990b
		<i>C. sexlineatus</i>	Kansas	91/144 (63%)	Loewen 1940
			Nebraska	3/3 (100%)	Brooks and Mayes 1976
				2/64 (3%)	Shoop and Janovy 1978
			South Dakota	13/23 (57%)	Dyer 1971
		<i>C. sonorae</i>	Arizona	1/16 (6%)	McAllister 1992
		<i>C. tessellatus</i>	Texas	3/27 (11%)	McAllister 1990a
		<i>C. tigris</i>	California	13/49 (27%)	Telford 1970
			Idaho	13/32 (41%)	Lyon 1986
			Nevada	5/97 (5%)	Babero and Matthias 1967
			Utah	5/7 (71%)	Grundmann 1959
		<i>C. uniparens</i>	Arizona	8/31 (26%)	Goldberg and Bursey 1990
<i>C. velox</i>	Colorado	not stated	Douglas 1966		
	New Mexico	2/37 (5%)	McAllister 1992		
<i>Pharyngodon warneri</i>	<i>C. exsanguis</i>	New Mexico, Texas	10/87 (11%)	McAllister 1990c	
		<i>C. gularis</i>	Oklahoma, Texas, Mexico	69/289 (24%)	McAllister 1990d
			Texas	2/83 (2%)	McAllister et al. 1995
		<i>C. inornatus</i>	Arizona	18/78 (23%)	Goldberg and Bursey 1990
			Texas	not stated	Specian and Ubelaker 1974a
		<i>C. laredoensis</i>	Texas	5/22 (23%)	McAllister et al. 1986
		<i>C. neomexicanus</i>	New Mexico, Texas	2/61 (3%)	McAllister 1990b
		<i>C. sexlineatus</i>	Texas	2/4 (50%)	Harwood 1932
			South Dakota	19/23 (83%)	Dyer 1971
			Arkansas	15/51 (29%)	McAllister, Trauth, and Conn 1991
		<i>C. tessellatus</i>	Texas	4/27 (15%)	McAllister 1990a
		<i>C. tigris</i>	Utah	5/7 (71%)	Grundmann 1959
			Arizona, Nevada	63/100 (63%)	Babero and Matthias 1967
<i>Thubunaca cnemidophorus</i>	<i>C. tigris</i>	Nevada	9/87 (10%)	Babero and Matthias 1967	
		Arizona	2/57 (4%)	Goldberg and Bursey 1989	
		Arkansas	3/51 (6%)	McAllister, Trauth, and Conn 1991	

It has been shown that *Skrijabinoptera phrynosoma*, also a member of the Physalopteridae and a common parasite of *Phrynosoma* spp., is dependent upon ants (*Pogonomyrmex* sp.) as intermediate hosts (Lee 1957). The possibility that termites may serve as intermediate hosts of *A. terrapenis* needs to be investigated. Such information would be helpful in determining distribution patterns of *A. terrapenis*.

ACKNOWLEDGMENTS

The authors thank Charles H. Lowe, Department of Ecology and Evolutionary Biology, University of Arizona, for permission to exam-

ine *Cnemidophorus sonorae*, and Jeffrey Feng, Whittier College, for technical assistance.

LITERATURE CITED

- ANDERSON, R.C. 1992. Nematode parasites of vertebrates. Their development and transmission. C.A.B. International, Wallingford, Oxon, U.K. 578 pp.
- BABERO, B.B., AND F.H. EMMERSON. 1974. *Thubunaca cnemidophorus* in Nevada rattlesnakes. *Journal of Parasitology* 60:595.
- BABERO, B.B., AND D. MATTHIAS. 1967. *Thubunaca cnemidophorus* n. sp., and other helminths from lizards, *Cnemidophorus tigris*, in Nevada and Arizona. *Transactions of the American Microscopical Society* 86: 173-177.
- BAKER, M.R. 1987. Synopsis of the nematoda parasitic in

- amphibians and reptiles. Memorial University of Newfoundland, Occasional Papers in Biology 11:1-325.
- BENES, E.S. 1985. Helminth parasitism in some central Arizona lizards. *Southwestern Naturalist* 30:467-473.
- BOSTIC, D.L. 1965. Parasites of the teiid lizard, *Cnemidophorus hyperythrus beldingi*. *Southwestern Naturalist* 10:313.
- BROOKS, D.R., AND M.A. MAYES. 1976. Morphological variation in natural infections of *Oochoristica bicitellobata* Loewen, 1940 (Cestoidea: Anoplocephalidae). *Transactions of the Nebraska Academy of Science* 3:20-21.
- DOUGLAS, C.L. 1966. Amphibians and reptiles of Mesa Verde National Park, Colorado. University of Kansas Publications, Museum of Natural History 15:711-744.
- DYER, W.G. 1971. Some helminths of the six-lined lizard, *Cnemidophorus sexlineatus*, in South Dakota. *Proceedings of the Helminthological Society of Washington* 38:256.
- ECHTERNACHT, A.C. 1967. Ecological relationships of two species of the lizard genus *Cnemidophorus* in the Santa Rita Mountains of Arizona. *American Midland Naturalist* 78:448-459.
- GOLDBERG, S.R., AND C.R. BURSEY. 1989. Helminths of the giant spotted whiptail, *Cnemidophorus burti stictogrammus* (Sauria: Teiidae). *Proceedings of the Helminthological Society of Washington* 56:86-87.
- _____. 1990. Helminths of the Arizona little striped whiptail, *Cnemidophorus inornatus arizonae*, and the desert grassland whiptail, *Cnemidophorus uniparens* (Sauria: Teiidae), from southeastern Arizona. *Journal of the Helminthological Society of Washington* 57:83-86.
- GOLDBERG, S.R., C.R. BURSEY AND R.L. BEZY. 1995. Helminths of isolated montane populations of Yarrow's spiny lizard, *Sceloporus jarrovi* (Phrynosomatidae). *Southwestern Naturalist* 40:330-333.
- _____. 1996. Gastrointestinal helminths of Yarrow's spiny lizard, *Sceloporus jarrovi* (Phrynosomatidae) in Mexico. *American Midland Naturalist* 135:299-309.
- GRUNDMANN, A.W. 1959. Parasites recovered from six species of Utah lizards. *Journal of Parasitology* 45:394.
- HARWOOD, P.D. 1932. The helminths parasitic in the Amphibia and Reptilia of Houston, Texas, and vicinity. *Proceedings of the U.S. National Museum* 81:1-71.
- HILL, W.C. 1945. *Physaloptera terrapenis*, a new nematode from a tortoise. *Transactions of the American Microscopical Society* 60:59-64.
- LEE, S.H. 1957. The life cycle of *Skrjabinoptera phrynosoma* (Ortlepp) Schulz, 1927 (Nematoda: Spiruroidea), a gastric nematode of Texas horned toads, *Phrynosoma cornutum*. *Journal of Parasitology* 43:66-75.
- LOEWEN, S.L. 1940. On some reptilian cestodes of the genus *Oochoristica* (Anoplocephalidae). *Transactions of the American Microscopical Society* 59:511-518.
- LYON, R.E. 1986. Helminth parasites of six lizard species from southern Idaho. *Proceedings of the Helminthological Society of Washington* 53:291-293.
- MARGOLIS, L., G.W. ESCH, J.C. HOLMES, A.M. KURIS, AND C.A. SCHAD. 1982. The use of ecological terms in parasitology (report of an ad hoc committee of the American Society of Parasitologists). *Journal of Parasitology* 68:131-133.
- MCALLISTER, C.T. 1990a. Helminth parasites of unisexual and bisexual whiptail lizards (Teiidae) in North America. I. The Colorado checkered whiptail (*Cnemidophorus tessellatus*). *Journal of Wildlife Diseases* 26:139-142.
- _____. 1990b. Helminth parasites of unisexual and bisexual whiptail lizards (Teiidae) in North America. II. The New Mexico whiptail (*Cnemidophorus neomexicanus*). *Journal of Wildlife Diseases* 26:403-406.
- _____. 1990c. Helminth parasites of unisexual and bisexual whiptail lizards (Teiidae) in North America. III. The Chihuahuan spotted whiptail (*Cnemidophorus exsanguis*). *Journal of Wildlife Diseases* 26:544-546.
- _____. 1990d. Helminth parasites of unisexual and bisexual whiptail lizards (Teiidae) in North America. IV. The Texas spotted whiptail (*Cnemidophorus gularis*). *Texas Journal of Science* 42:381-385.
- _____. 1992. Helminth parasites of unisexual and bisexual whiptail lizards (Teiidae) in North America. VIII. The Gila spotted whiptail (*Cnemidophorus flagellicaudus*), Sonoran spotted whiptail (*Cnemidophorus sonorae*), and plateau striped whiptail (*Cnemidophorus texo*). *Texas Journal of Science* 44:233-239.
- MCALLISTER, C.T., J.E. CORDES, AND J.M. WALKER. 1991. Helminth parasites of unisexual and bisexual whiptail lizards (Teiidae) in North America. VI. The gray-checked whiptail (*Cnemidophorus dixonii*). *Texas Journal of Science* 43:309-314.
- _____. 1995. Helminth parasites of unisexual and bisexual whiptail lizards (Teiidae) in North America. IX. The plateau spotted whiptail (*Cnemidophorus gularis septemcittatus*). *Texas Journal of Science* 47:83-88.
- MCALLISTER, C.T. AND S.E. TRAUTH. 1985. Endoparasites of *Crotaphytus collaris collaris* (Sauria: Iguanidae) from Arkansas. *Southwestern Naturalist* 30:363-370.
- MCALLISTER, C.T., S.E. TRAUTH, AND D.B. CONN. 1991. Helminth parasites of unisexual and bisexual whiptail lizards (Teiidae) in North America. VII. The six-lined racerunner, *Cnemidophorus sexlineatus*. *Texas Journal of Science* 43:391-397.
- MCALLISTER, C.T., S.E. TRAUTH, AND J.E. UBELAKER. 1986. Nematode parasites of the parthenogenetic whiptail lizard, *Cnemidophorus laredoensis* (Sauria: Teiidae) from south Texas. *Proceedings of the Helminthological Society of Washington* 53:138-139.
- MITCHELL, J.C. 1979. Ecology of southeastern Arizona whiptail lizards (*Cnemidophorus*: Teiidae): population densities, resource partitioning, and niche overlap. *Canadian Journal of Zoology* 57:1487-1499.
- MORGAN, B.B. 1941. Additional notes on North American Physalopterinae (Nematoda). *Proceedings of the Helminthological Society of Washington* 8:63-64.
- PETROCHENKO, V.I. 1958. Acanthocephala of domestic and wild animals. Volume II. Israel Program for Scientific Translations, Jerusalem, 1971. 477 pp.
- PIANKA, E.R. 1970. Comparative autecology of the lizard *Cnemidophorus tigris* in different parts of its geographic range. *Ecology* 51:703-720.
- SHOOP, W.L., AND J. JANOVY, JR. 1978. Adult cestodes from the coelomic cavity of the teid [sic] lizard, *Cnemidophorus sexlineatus*. *Journal of Parasitology* 64:561-562.
- SPECIAN, R.D., AND J.E. UBELAKER. 1974a. Two new species of *Pharyngodon* Diesing, 1861 (Nematoda: Oxyuridae) from lizards in west Texas. *Proceedings of the Helminthological Society of Washington* 41: 46-51.
- _____. 1974b. *Parathelandros texanus* n. sp. (Nematoda: Oxyuridae) from lizards in west Texas. *Transactions of the American Microscopical Society* 93:413-415.
- STEBBINS, R.C. 1985. A field guide to western reptiles and amphibians. Houghton Mifflin Company, Boston. 336 pp.
- TELFORD, S.R., JR. 1970. A comparative study of endopar-

asitism among some Southern California lizard populations. *American Midland Naturalist* 83:516-554.

VITT, L.J., AND R.D. OHMART. 1977. Ecology and reproduction of Lower Colorado River lizards: II. *Cnemidophorus tigris* (Teiidae), with comparisons. *Herpetologica* 33:223-234.

Received 1 October 1996

Accepted 5 December 1996

APPENDIX

MUSEUM ACCESSION NUMBERS

University of Arizona

Cnemidophorus sonora ($N = 21$ [all females]) Sabino Canyon (883 m elevation, 32°20'N, 110°49'W), Santa Catalina Mountains, Pima County, Arizona, collected 1953 (UAZ 4810-12, 4861), 1960 (10903, 10971), 1961 (11034), 1964 (15252, 15258, 15471, 15541, 15708), 1967-1969

(20666-67, 20677, 20681, 20687, 29637, 30087, 30090, 30682).

Natural History Museum of Los Angeles County

Cnemidophorus tigris ($N = 77$ [27 females, 50 males]) foothills Santa Catalina Mountains (822 m elevation, 32°20'N, 110°07'W), Pima County, Arizona, collected 1962 (LACM 143588), 1963 (LACM 143587, 143589), 1964 (LACM 143590-93), 1966 (LACM 143586, 143594-634), 1969 (LACM 143558-85); ($N = 5$ [1 female, 4 males]) Avra Valley (457 m elevation, 32°20'N, 111°20'W), Pima County, collected 1964 (LACM 14365-69).

U.S. National Parasite Collection

Cnemidophorus sonora: *Oochoristica bivitellobata*, 86861; *Oochoristica macallisteri*, 86862; *Abbreviata terrapenis*, 86863; *Pharyngodon warneri*, 86864; *Thubniaca cnemidophorus*, 86865.

Cnemidophorus tigris: *Oochoristica bivitellobata*, 86866; *Abbreviata terrapenis*, 86867; *Pharyngodon warneri*, 86868; *Centrorhynchus* sp. (cystacanth), 86869.